

## Discounts and Beyond: The Evolution of Grocery Shopping Habits





Make better decisions, faster, with access to rapid insights at every stage of the consumer journey





### Who We Are



Dr. Sylvain Charlebois
Senior Director,
Agri-Food Analytics Lab

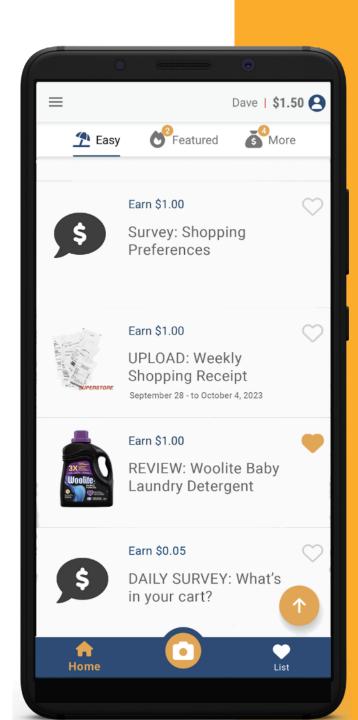


Colleen Martin
Chief Revenue Officer



### **AskCaddle®**

Caddle® is the largest daily and monthly active panel in the Canadian market. Our mobile-first insights platform rewards Canadians for sharing data and engaging with brands.





### **Large & Diverse Canadian Panel**

#### Panel Details



Large and diverse daily active panel in Canada: 10,000+



Every type of shopper



Canadian representative samples



Holistic understanding across path to purchase



Engaged users rewarded for actions



Dynamic, ondemand reporting dashboard

## Macro and niche data verticals including:

- New Moms
- Costco Shopper
- Amazon Prime Members
- Cannabis Consumers
- Health Professional
- Luxury Shoppers
- Shopper Dad
- Repeat Purchasers
- Vegan Buyers
- Pop Consumers
- Environmentalists

## Methodology

- Primary Grocery Shoppers
- 2,880 respondents
- In-field January 25 and 26, 2024
- Data weighted to reflect Canadian adult population (age, gender, province).





### **TODAY'S AGENDA**

- Current Grocery Landscape:
   Changing Consumer Behaviours
- Discounts: Frequency, Habits and Preferences
- Expiring Food Discounts
- Food Rescuing Initiatives
- Q&A

Current Grocery
Landscape:
Changing
Consumer
Behaviours



# The times they are a-changing: Our BargainHunting Economy

#### **Coupon Usage Trends:**

 According to Statistics Canada's Coupon Usage Survey, Canadian consumers have steadily increased coupon redemptions over the past decade. In 2010, around 2.5 billion coupons were redeemed, rising to 3.1 billion in 2019, reflecting a consistent upward trend.

#### **Bargain hunting:**

- In the past year, 62.2% of respondents opted to switch primary stores to secure better deals, reflecting a substantial trend.
- Additionally, 29.8% of respondents exclusively select grocery stores based on in-store discounts and promotions.

#### The Tech Revolution:

• Technology has revolutionized couponing in Canada with apps like Flipp, Reebee, and Checkout 51 offering personalized discounts, while online platforms like RetailMeNot aggregate deals. This shift has made accessing and redeeming coupons easier, faster, and more convenient for Canadian consumers.

#### 32% Rise in weekly shopping visits:

• According to a recent Caddle study, shoppers on average visit the grocery store 7.20 times per month. This represents a substantial 32% increase from 2018 when shoppers visited grocery stores only 5.43 times per month. This notable surge in visit frequency underscores a significant shift in consumer behaviour.



Discounts:
Frequency,
Habits
and Preferences





## Six in Ten consumers Always actively seek out discounts and promotions when shopping for groceries

### **Discount Hunting**

What types of grocery discounts or promotions do you find MOST appealing at the grocery store?

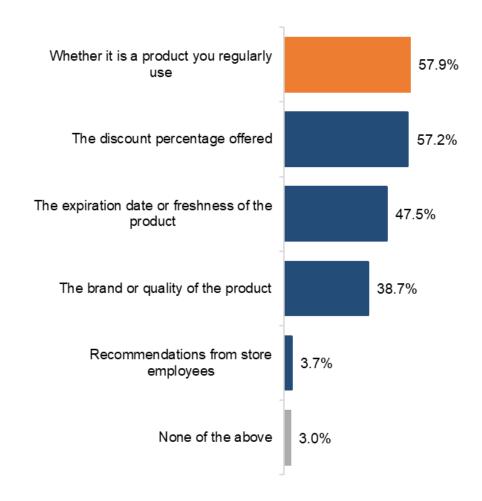


Marked Down Items are the most popular

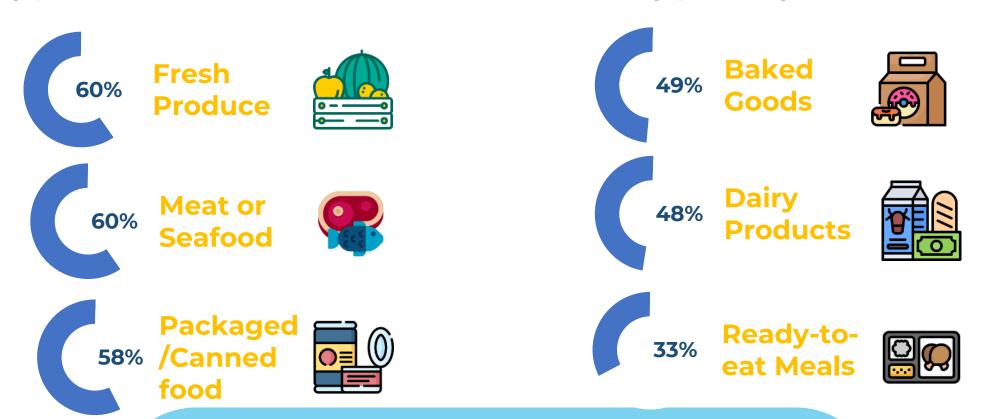


## Most important factors influencing purchase

When you see a discounted item at the grocery store, what factors influence your decision to purchase it? (Please select all that apply)



### Types of Discounted Food Items Typically Purchased



Produce and meat are the top categories for in-store bargain hunting, closely followed by packaged/canned foods.



## Consumer perception of which Grocers offer the best discounts

62%

Six in ten have switched stores or changed habits to take advantage of discounts or promotions at another store.

**30**%

Three in ten exclusively make
the choice of which grocery store
to shop at based on in-store
discounts and promotions.

Are there any specific grocery stores or supermarket chains you consider to be particularly good at offering in-store discounts and promotions? (Please select all that apply)

**Loblaws / Real Canadian** 

**Super Store/ No Frills/Maxi/** 



**Atlantic Superstore (54%)** 

Walmart (35.5%)



Costco (26.8%)



Metro/ Food Basics (20.4%)



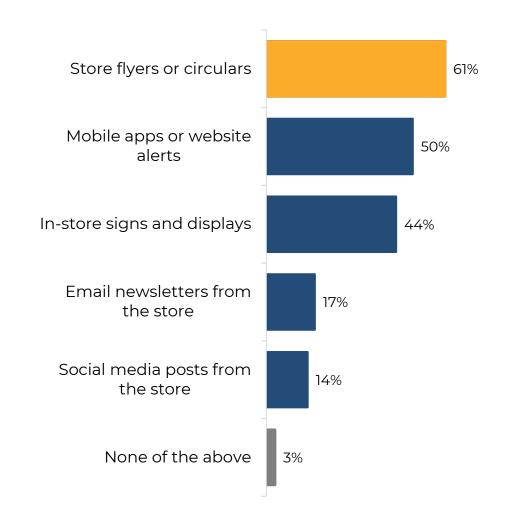
Giant Tiger (15.1%)



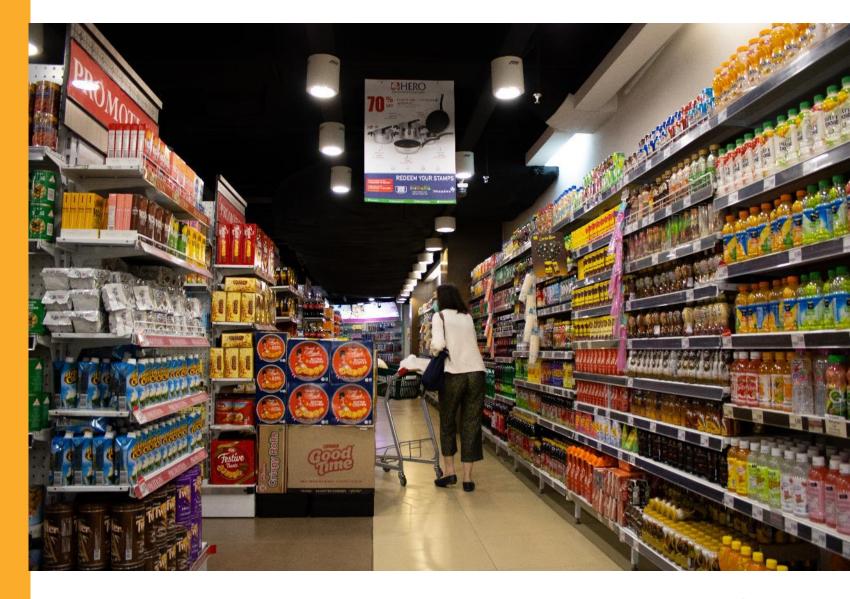


# Consumer Awareness of discounts and promotions

### How do you usually become aware of in-store grocery discounts and promotions?



# Expiring Food Discounts & Food Rescuing Initiatives





### What is the consumer sentiment around Loblaws recent discount flip-flop on expiring foods

66.5%

2/3rd of Canadians aware of Loblaws initial decision to end the 50% discount on expiring food items

**55.9**%



More than half of Canadians support Loblaws decision to reverse its plan to end their 50%

**DISCOUNT** on expiring food items **29.9**%



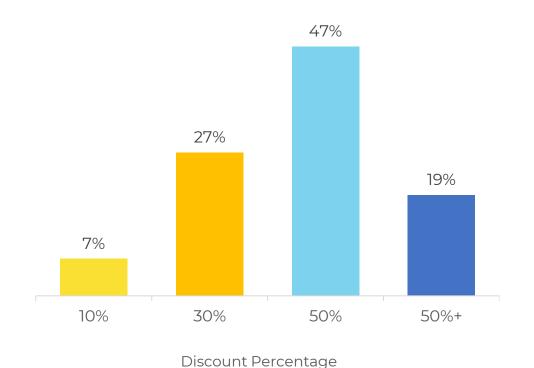
People more likely to shop at Loblaws after their decision to **REVERSE** its plan to end the discount

An overwhelming majority (81.3%) of Canadians feel that Loblaws decision to continue the 50% DISCOUNT will reduce food waste (significantly + somewhat)



# 50% Off is the sweet spot for Canadians

When purchasing expiring food in-store, what level of discount IS ENOUGH to make you consider buying it?



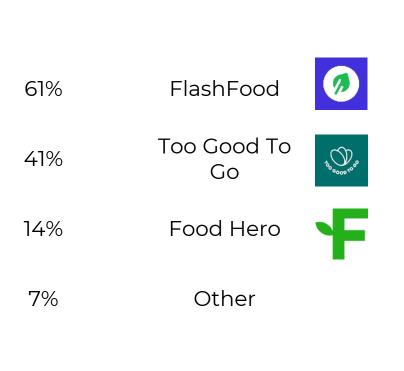
Base: All (n=2,880)

# What are Food Rescuing Apps?

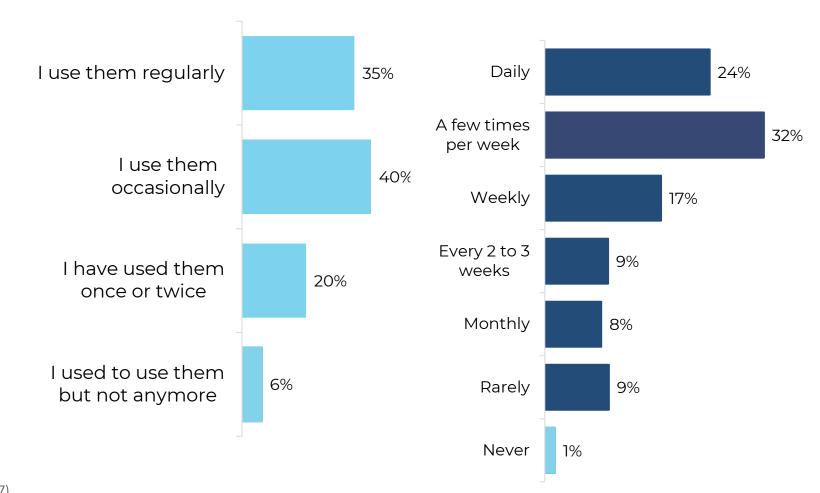
- Food rescuing apps connect consumers with surplus or expiring food from local businesses at discounted prices, reducing food waste.
- These apps offer users the chance to purchase expiring or surplus food from grocery stores, restaurants, and cafes at discounted prices.
- Users can browse available items on the app, purchase them at a reduced price, and pick them up from the designated location.
- By rescuing surplus food that would otherwise be wasted, these apps contribute to sustainability efforts and help users save money on groceries.

## One-third of Canadians have used FOOD RESCUING apps

## Apps Consumers are using



### **Frequency of Use**



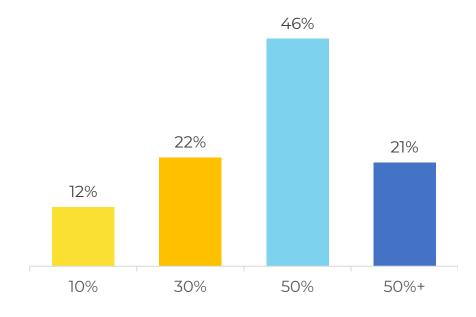
Base: All (n=2,880) / Those using FOOD SAVINGS apps (N=947)

## FOOD RESCUE APPS: It's all about the savings

### **Motivators**



When purchasing expiring food while using a FOOD SAVINGS app, what level of discount IS ENOUGH to make you consider buying it?



Discount Percentage that motivates

## Top Three Food Items Bought Through Food Rescue Apps:

**l** Baked Goods



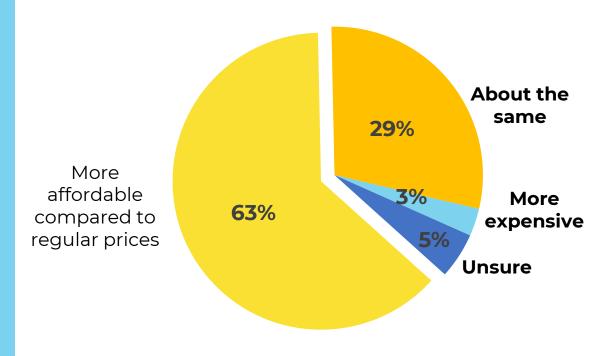
2. Fresh Produce



3. Meat or Seafood



## What do people feel about the pricing of items on Food Rescue apps?



## Canadians are looking for discounts and will change where they shop to get them

K The survey findings underscore a strong inclination Consumers towards discount-oriented shopping among grocery want to save consumers, with weekly shopping being commonplace. They will Discounts play a significant role in in-store selection and switch stores product purchases, with percentage discounts to get them k and loyalty rewards proving particularly attractive. e a A growing number of Canadians are using More app W technology to remove friction from finding the usage best discount a According to the data, Loblaws is seen as the Which preferred grocer when it comes to discounted food grocers are

winning

products, followed by Walmart and Costco. Both

Metro and Giant Tiger make the top 5.

## This presentation will be emailed to you shortly! Get in touch if you have any queries.



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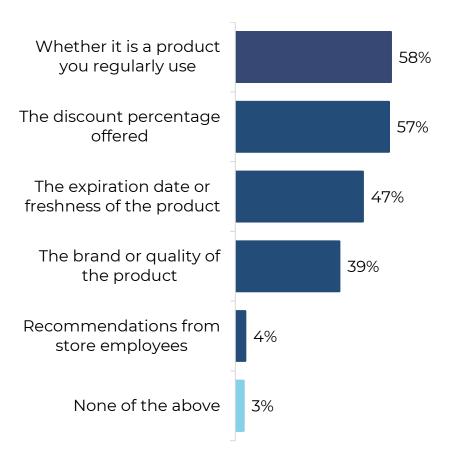
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## **Appendix**



### **Purchase Decision Influencers**

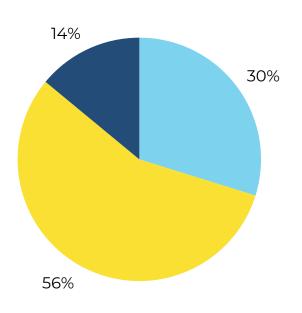
When you see a discounted item at the grocery store, what factors influence your decision to purchase it? (Please select all that apply)



Do you make your choice of which grocery store to shop at primarily based on the availability of in-store discounts and promotions?



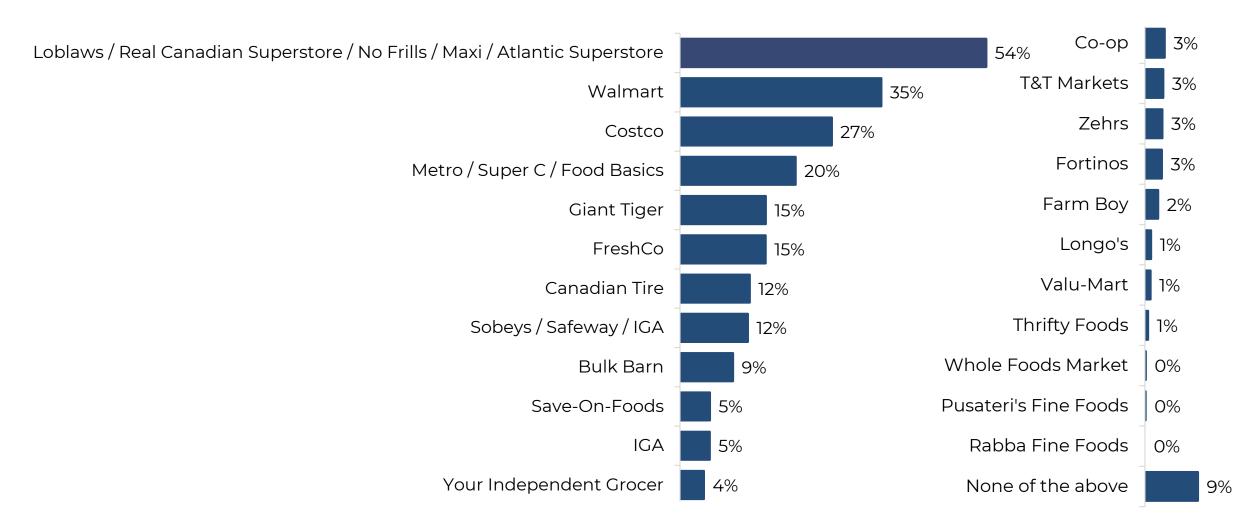
- Mostly but other factors also matter
- No discounts are not a primary factor in my choice of store



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#### **Best stores for discounts**

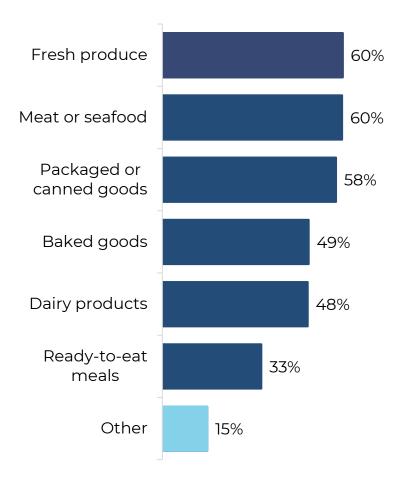
Are there any specific grocery stores or supermarket chains you consider to be particularly good at offering in-store discounts and promotions? (Please select up to 5 options)



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### Food items bought when discounted / with food saving apps

What types of food items do you typically purchase when **discounted in stores?** (Please select all that apply)



What types of food items do you typically purchase through **food savings apps**? (Please select all that apply)

