

# Discounts and Beyond: The Evolution of Grocery Shopping Habits 

Make better decisions, faster, with access to rapid insights at every stage of the consumer journey


Dr. Sylvain Charlebois
Senior Director,
Agri-FoodAnalytics_Lab

Colleen Martin
Chief Revenue Officer

AskCaddle ${ }^{\circledR}$

Caddle $®$ is the largest daily and monthly active panel in the Canadian market. Our mobile-first insights platform rewards Canadians for sharing data and engaging with brands.

Earn \$1.00

Earn \$1.00
UPLOAD: Weekly Shopping Receipt
September 28 - to October 4, 2023

Earn \$1.00 REVIEW: Woolite Baby Laundry Detergent

Earn \$0.05 in your cart?

## Large \& Diverse Canadian Panel

Panel Details


Large and diverse daily active panel in Canada: 10,000+


Holistic
understanding
across path to purchase


Every type of shopper


Engaged users rewarded for actions


Canadian representative samples

Dynamic, ondemand reporting dashboard

Macro and niche data verticals including:

- New Moms
- Costco Shopper
- Amazon Prime Members
- Cannabis Consumers
- Health Professional
- Luxury Shoppers
- Shopper Dad
- Repeat Purchasers
- Vegan Buyers
- Pop Consumers
- Environmentalists


## Methodology

- Primary Grocery Shoppers
- 2,880 respondents
- In-field January 25 and 26, 2024
- Data weighted to reflect Canadian adult population (age, gender, province).


## TODAY'S AGENDA

- Current Grocery Landscape:

Changing Consumer Behaviours

- Discounts: Frequency, Habits and Preferences
- Expiring Food Discounts
- Food Rescuing Initiatives
- Q\&A


## Current Grocery

 Landscape: Changing Consumer Behaviours

## The times they

 are a-changing: Our BargainHunting Economy
## Coupon Usage Trends:

- According to Statistics Canada's Coupon Usage Survey, Canadian consumers have steadily increased coupon redemptions over the past decade. In 2010, around 2.5 billion coupons were redeemed, rising to 3.1 billion in 2019, reflecting a consistent upward trend.


## Bargain hunting:

- In the past year, $62.2 \%$ of respondents opted to switch primary stores to secure better deals, reflecting a substantial trend.
- Additionally, 29.8\% of respondents exclusively select grocery stores based on in-store discounts and promotions.


## The Tech Revolution:

- Technology has revolutionized couponing in Canada with apps like Flipp, Reebee, and Checkout 51 offering personalized discounts, while online platforms like RetailMeNot aggregate deals. This shift has made accessing and redeeming coupons easier, faster, and more convenient for Canadian consumers.


## 32\% Rise in weekly shopping visits:

- According to a recent Caddle study, shoppers on average visit the grocery store 7.20 times per month. This represents a substantial 32\% increase from 2018 when shoppers visited grocery stores only 5.43 times per month. This notable surge in visit frequency underscores a significant shift in consumer behaviour.


# Discounts: <br> Frequency, Habits <br> <br> and Preferences 

 <br> <br> and Preferences}

## Discount Hunting

## Six in Ten

 consumers
## Alwoys

 actively seek out discounts and promotions when shopping for groceriesWhat types of grocery discounts or promotions do you find MOST appealing at the grocery store?

Percentage discounts (e.g. 10\% / 30\% / 50\% off)
 26\%


## Most important

## factors influencing purchase

When you see a discounted item at the grocery store, what factors influence your decision to purchase it? (Please select all that apply)


## Types of Discounted Food Items Typically Purchased



Consumer perception of which Grocers offer the best discounts

## 62\%

Six in ten have switched stores or changed habits to take advantage of discounts or promotions at another store.

## 30\%

Three in ten exclusively make the choice of which grocery store to shop at based on in-store discounts and promotions.

Are there any specific grocery stores or supermarket chains you consider to be particularly good at offering in-store discounts and promotions? (Please select all that apply)

Loblaws / Real Canadian
Super Store/ No Frills/Maxi/

## Loblaws

Atlantic Superstore (54\%)

Walmart (35.5\%)

Costco (26.8\%)

Metro/ Food Basics (20.4\%)
Walmart "
Costco
metro

GIANT
TIGER

## Consumer Awareness of discounts and promotions



## Expiring Food Discounts \& <br> Food Rescuing Initiatives



## What is the consumer sentiment around Loblaws recent discount flip-flop on expiring foods

## 66.5\%

## 2/3rd of Canadians

aware of Loblaws
initial decision to end the $50 \%$ discount on expiring food items

## 55.9\%

People more likely to shop at Loblaws after their decision to REVERSE its plan to end the discount

More than half of
Canadians support
Loblaws decision to reverse its plan to end their 50\%
DISCOUNT on
expiring food items

> An overwhelming majority (81.3\%) of Canadians feel that Loblaws decision to continue the $50 \%$ DISCOUNT will reduce food waste (significantly + somewhat)

## 50\% Off is the sweet spot for Canadians

When purchasing expiring food in-store, what level of discount IS ENOUGH to make you consider buying it?


## What are Food Rescuing Apps?

- Food rescuing apps connect consumers with surplus or expiring food from local businesses at discounted prices, reducing food waste.
- These apps offer users the chance to purchase expiring or surplus food from grocery stores, restaurants, and cafes at discounted prices.
- Users can browse available items on the app, purchase them at a reduced price, and pick them up from the designated location.
- By rescuing surplus food that would otherwise be wasted, these apps contribute to sustainability efforts and help users save money on groceries.


## One-third of Canadians have used FOOD RESCUING apps

Apps Consumers are using


# FOOD RESCUE APPS: <br> It's all about the savings 

## Motivators



When purchasing expiring food while using a FOOD SAVINGS app, what level of discount IS ENOUGH to make you consider buying it?


## Top Three Food Items Bought Through Food Rescue Apps:

## . Baked Goods <br> 2. Fresh Produce

3. Meat or Seafood
 affordable compared to regular prices

## What do people feel about the pricing of items on Food Rescue apps?



## Canadians are looking for discounts and will change where they shop to get them



## This presentation will be emailed to you shortly! Get in touch if you have any queries.



Colleen Martin
Chief Revenue Officer
colleen.martin@caddle.ca

Dr. Sylvain Charlebois,
Director, Agri-Food
Analytics Lab, Dalhousie
University
sylvain.charlebois@dal.ca

## Appendix



## Purchase Decision Influencers

When you see a discounted item at the grocery store, what factors influence your decision to purchase it?
(Please select all that apply)


Do you make your choice of which grocery store to shop at primarily based on the availability of in-store discounts and promotions?

- Yes - exclusively

Mostly - but other factors also matter
■ No - discounts are not a primary factor in my choice of store


## Best stores for discounts

Are there any specific grocery stores or supermarket chains you consider to be particularly good at offering in-store discounts and promotions? (Please select up to 5 options)


Food items bought when discounted / with food saving apps

What types of food items do you typically purchase when discounted in stores? (Please select all that apply)


What types of food items do you typically purchase through food savings apps?
(Please select all that apply)


